



Spring Cleaning Life

FR. JOSEPH JUKNIALIS

When Jesus cleansed the temple, he cleared it of all the sacrificial animals and foreign coins that cluttered that holy place. He also shifted the focus of where we find God made present—from a building to himself. “Destroy this temple and in three days I will raise it up” (John 2:19). Saint Paul tells us that we, too, are God’s temple because the Holy Spirit dwells in us. So it makes sense that Jesus also wants to clear our lives of all that clutters them so that we might grow in his image.

Such decluttering happens when youthful freedom and partying are left behind because we hear some inner call to settle down and contribute to life. It happens when young couples begin to raise a family and trade in sporty cars and fashionable lifestyles for baby furniture and SUVs. It happens in middle age when in the midst of building a life we change the blueprint. The weight of illness will shift our perspectives as well, when worries about life’s details turn dispensable because what we once thought was important becomes clutter in need of being cleared out.

None of this comes about because of some user manual for daily living, but rather because we sense an invitation from Jesus to reassess our lives—to join him in clearing out the clutter in order to take care of what is essential. It is a strange sort of wisdom that flows from a source deeper than ourselves. If not for that powerful force of God’s Spirit clearing the temples of our lives, we would never become the people God created us to be. ●

Reflect

*What might be cluttering
your life right now?*



While he was in Jerusalem for the feast of
Passover, many began to believe in his name
when they saw the signs he was doing.

JOHN 2:23

SACRED HEART CATHOLIC CHURCH

1003 WYOMING ST, BLUEFIELD, WV 24701

MARCH 2 & 3, 2024

MASS SCHEDULE & INTENTIONS

Saturday, March 2- 6:00 PM

† Fr. Donal O'Donovan by Fred Butler & Deborah Garton

Sunday, March 3- 9:00 AM

† Deceased Members of Sacred Heart

Tuesday, March 5- Noon

† Frances McKenzie by The McKenzie Family

Wednesday, March 6- 9:00 AM

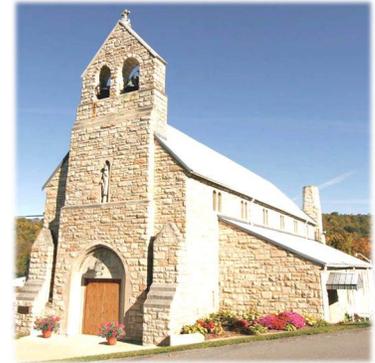
† Theresa Soulis by Purita Buenafe

Saturday, March 9- 6:00 PM

† Fr. Leo Lyden by Fred Butler & Deborah Garton

Sunday, March 10- 9:00 AM

† Pete & Inez Bellini by Vittoria Lijoi



Office Hours: 304-327-5623

Monday- Thursday 9:00am-4:00pm

Friday 9:00am-12:00pm

Food Pantry Hours:

Wednesday 10:00am -2:00 pm

UPCOMING EVENTS

March 5: Lenten Penance Service in Princeton at 6pm

March 6 : Lenten Penance Service in Bluefield at 6pm

March 10: Daylight Savings Time begins

March 11: 6-7pm Lenten Reflection in the Church

March 12: St. Anne's Altar Society Meeting 11am

March 16-17: St. Anne's Bake Sale

March 17: Youth Sunday

March 21: PPC Meeting 6pm

STATIONS OF THE CROSS SCHEDULE

Fridays at 6:00 pm

March 8 ~ Crusaders Youth **March 15 ~** Altar Servers

March 22 ~ Food Pantry Volunteers

CHURCH STAFF

PASTOR: Very Rev. Sebastian E. Devasya, Assoc. V.E., V.F.
sdevasya@dwc.org

PASTORAL ASSOCIATE: Julia Harrison, M.A.A.T.
julia@sacredheartblfd.org

YOUTH MINISTRY DIRECTOR: Wendi Aiello
w.aiello@yahoo.com 304-320-2150

PARISH SECRETARY: Lucy Brinegar
lbrinegar@sacredheartblfd.org

PARISH BOOKKEEPER: Kim Hickman
Khickman@sacredheartblfd.org

NEWMAN CENTER: Paul Krause
pkrause@dwc.org 216-402-1450

To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion.

Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are grateful for your presence.

Third Sunday of Lent

Dear Brothers and Sisters in Christ,

As we approach the third week of Lent, the readings for this Sunday bring us a message of hope, forgiveness, and the promise of salvation. We will also reflect upon the third pillar of Lent: the importance of almsgiving.

In the first reading from Exodus, we hear of the Ten Commandments, which remind us of the importance of living a just and righteous life. In the second reading, Paul preaches Christ crucified to the Corinthians. We are called to reflect on the power of the cross and the sacrifice that Christ made for our salvation. In the Gospel reading from John, Jesus drives out the moneychangers from the Temple and says that he will destroy the temple and raise it up again. Jesus' cleansing of the temple is also a symbol of the purification of the heart. As Christians, we are called to strive for purity of heart, which means being mindful of our thoughts, words, and actions and ensuring they align with God's will. We also see the importance of the temple as a place of worship and prayer. As Catholics, we believe that Jesus is present in the Eucharist and that we enter into God's presence every time we participate in Mass. The Gospel reading reminds us of the significance of the Eucharist and the importance of approaching it with reverence and awe. This also ties in with the first reading, reminding us to keep the Sabbath holy.

As we continue our journey through Lent, we are called to practice almsgiving, one of the three pillars of our Lenten observances. This practice involves giving generously to those in need and supporting charitable causes. We can give during Lent in various ways, such as donating money to a charity or volunteering our time to help those in need. The Lenten call to almsgiving means making other people's needs our own. One of the central lessons of the cross is compassion; the heavy burdens we carry help us to appreciate the suffering in others. Sharing our material goods is often just the beginning of honest Christian giving. We are also called to share our time tending to people in need.

Let us pray that we may have the strength and courage to give generously to those around us. May we be mindful of the less fortunate and find ways to alleviate their suffering. May we also be grateful for the blessings in our lives and use them to bring joy and comfort to others.

Yours in Christ,
Father Sebastian



Faith Formation Spring of 2024

“Come to Me, all you who labor and are burdened and I will refresh you.” Matthew 11:28



The schedule through May 2024:

- March 3, 10, 17 ~ Regular Sessions
- March 24, 31 ~ No Faith Formation in Observation of Palm Sunday and Easter Sunday
- April 7, 14, 21 ~ Regular Sessions
- April 28 ~ Last Sunday of Faith Formation
- May 5 ~ First Communion Sunday

Please Pray for Our First Communicants ~ Brayden Farmer and Jillian West

RCIA



*Congratulations to Stanton Cerda,
Jacob Lawless, and Wendy Lawless for
participating in the Rite of Acceptance
last Sunday.*

Next RCIA meeting is March 6 at 5:00pm in the school.

CRUSADERS YOUTH MINISTRY

UPCOMING SCHEDULE

March 8 - Leading Stations of the Cross

March 17 ~ Youth Sunday



KNIGHTS OF COLUMBUS



Annual Seminarian Support Raffle

Tickets available from any
Knights of Columbus member

Donation \$5.00

1st Place - \$1,000 2nd Place - \$500 3rd Place - 3 \$100 Winners

HANDBELL CHOIR

PRACTICE SCHEDULE

Sunday, March 10 at 4 pm



St. Anne's Altar Society Bake Sale

March 16 & 17



Goodies, Goodies, and More Goodies!

Spring is just around the corner and that means it's time for St. Anne's yearly spring Bake Sale! Which will be after each mass on the weekend of March 16th and 7th. Please join us, you don't want to miss getting your Easter treat!. As always, any donations whether baked goods or monetary will be most appreciated.



Congratulations to Carey and Lucas Ott

On the birth of their daughter

Elizabeth Maryellen Ott

Grandparents ~ Diane & David Ott and

Dianne & John Flanagan

Sister ~ Christina, Brother ~ Declan

Born February 21, 2024

May the Lord Bless You and Keep You!

Lenten Reflection
Facilitated by Daniel Maul
Director of Evangelization & Catechesis
For the Diocese of Wheeling-Charleston
Monday, March 11 in the Church
6:00pm – 7:00pm



Join us to deepen our spiritual lives with the topic:
Fighting Sin and Trusting the Lord:
Our Path to Holiness
Everyone welcome!



March Ministry Schedule

Mass Date Time	Sacristan	Rosary Leader	Altar Servers	Lectors	Eucharistic Ministers	Hospitality	Collection Counters
3/2 Sat. 6 pm	J. McCloud	D. Garton	A. Peretti	T. Berhmann	1.J. McCloud	J. Monaco	The Albert's
			E. Peretti		2.D. Garton 3.F. Moran		
3/3 Sun. 9am	M. Malamisura	L. Ajulo	C. Tran	T. Bales	1.C. Havens	B. Buzzo	
			A. Froy	A. Rebuck	2.K.Kirk 3.S. Copolo		
3/9 Sat. 6 pm	P. Peretti	V. Hager	D. Kelley	M. Zalduondo	1.P. Peretti	The Pascasio's	
					2.L. Mariotti 3.. T. Hager		
3/10 Sun 9am	The Winfree's	B. Musolin	H. Wills	R. Albert	1.K. Kidd	R. Malamisura	
			K. Wills	A. Torrez	2.T. Lampert		
3/16 Sat. 6pm	Theresa Lowery	T. Lowery	A. Peretti	D. Garton	1.T. Behrmann	J. Monaco	
			E. Peretti		2.F. Moran 3.J. McCloud		
3/17 Sun. 9am Youth Sunday	T. Lampert	Youth TBA	Youth TBA	Youth TBA	1.M. Romeo	S. Copolo	
					2.S. Romeo 3.C. Havens		
3/23 Sat. 6pm	Purita Buenafe	M. Zalduondo	D. Kelley	M. Zalduondo	1.L. Mariotti	The Pascasio's	
					2.T. Hager 3.V. Hager		
3/24 Sun. 9am Palm Sunday	The Winfree's	A. Torrez	R. Aiello	T. Lampert	1.W. Aiello	R. Albert	
			A. Zinsmeister	R. Ciccolini	2.G. Aiello 3.C. Stacy		

THIS WEEK ON FORMED



Liturgical Living: Catholic All Year at Home

Join the Tierney family as they celebrate the feast of Saint Frances of Rome, patroness of homemaking! Learn about practicing the corporal works of mercy in the home, the very Catholic **Lenten history of pretzels and beer**, and watch Kendra and three yr. old Barbara make something they like to call “trash can soup”. Find this episodes feature recipes and more at <https://catholicallyear.com/at-home/>.



The Three Temptations

Reflect with Dr. Brant Pitre on the temptations of Jesus in the desert as he gets to the heart of the meaning of Lent.

[The Three Temptations with Dr. Brant Pitre - FORMED](#)



Attention Parishioners

We have refreshed our prayer list, if there is anyone you would like to add to our new list, please call the parish office at 304-327-5623 or you may email Lucy at lbrinegar@sacredheartblfd.org

Sacred Heart Bluefield Prayer List

Parishioners: George Bowling, Ron Ciccolini, Donella Crigger, Benny Disibbio, Angie Genovesi, Daniel Kirk, Claire Lampert

Homebound Parishioners: Linda Angelelli, Lillian Brady, Richard Canterbury, Tony Colobro, Alex Ercoline, Joanne Ercoline, Lou Ercoline, Mary Claire Keenan, Sue Mazol, Joan Monaco, Ernesto Pascasio, Delores Prichett, Barbara Puckett, Kathy Richards, Rosalie Rochetti, Vivian Romano, Mitzi Romeo, Sharon Rothausen, Miriam Salaita, Anna H. Switch, Joan Zingale

Friends & Family: Teddy Bradshaw, Lisa Dalton, Chase Miller, Debby Banblaircom

Please pray for those traveling overseas on missions: Mary Kelly



WEEKLY COLLECTION	Weekend Feb 24-25	YTD Actual	YTD Budget
Envelopes	4,121.10	41,340.10	38,000.00
Loose Offertory	478.00	4,228.00	3,500.00
Easter Holiday Flowers	411.00	696.00	0.00
Total Contributions	\$ 5,010.10	\$ 46,264.10	\$ 41,500.00
Food Pantry	280.00	5,768.00	0.00
Food Pantry Grants	10,000.00	25,900.00	0.00
Dioc: CSA Parish Collections	100.00	100.00	0.00
Attendance:	6pm: 76	9am: 88	

IN CASE OF AN EMERGENCY AND A PRIEST IS NEEDED, PLEASE CALL:

Parish Office (304) 327-5623

Princeton Office (304) 425-3664

In case of serious or life-threatening sickness or the actively dying: {Please consider, with Fr. Sebastian out of town, it will take longer to contact a priest. Please call the church office as soon as you can} The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

In case of Illness: Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr Sebastian will arrange for distributing Holy Communion in the home.

Nursing homes & Hospitals: are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

Dear Padre,

My thoughts are my worst enemy. Sometimes they turn to lust and anger. When I recognize what I am thinking, I pray to Jesus and Mary, but I still struggle. What else can I do?

When angry and lustful thoughts enter our consciousness, we should say a prayer and turn our mind to something else. Such thoughts become sins only when we deliberately encourage them or when we make plans to commit the sin. The thoughts themselves are temptations, not sins.

Continue to put your trust in Jesus and Mary, and try to focus on what is good and peaceful. You might also consider what you are letting into your thoughts or imagination: What are you watching on TV or the internet? What music are you listening to? What are you reading? Are those helping to shape your thoughts and imagination in a new direction, or are they contributing to the problem?

A good thing to turn your attention to is God's word in Scripture. You might want to memorize all or part of the following New Testament verse: "Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things" (Philippians 4:8). Peacefully reflect on these words when troubled by temptation. ●



FREEDOMSTUDIO / SHUTTERSTOCK

The Redemptorists / DearPadre.org

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
March 4	March 5	March 6	March 7	March 8	March 9	March 10
<i>Lenten Weekday</i>	<i>Fourth Sunday of Lent</i>					
2 Kgs 5:1-15ab	Dn 3:25, 34-43	Dt 4:1, 5-9	Jer 7:23-28	Hos 14:2-10	Hos 6:1-6	2 Chr 36:14-16, 19-23
Lk 4:24-30	Mt 18:21-25	Mt 5:17-19	Lk 11:14-23	Mk 12:28-34	Lk 18:9-14	Eph 2:4-10
						Jn 3:14-21



A WORD FROM POPE FRANCIS

The Father sent [his Son] to cleanse the temple: not only the Temple of stone, but above all the temple of our heart. Jesus could not tolerate his Father's house becoming a marketplace (see John 2:16); neither does he want our hearts to be places of turmoil, disorder, and confusion.

HOMILY, IRAQ, MARCH 7, 2021